



Jane Abbate
Christian Coach, Speaker and Trainer

Jane Abbate coaches leaders and teams to achieve exceptional performance. Her clients learn to build strong relationships, communicate more effectively, create alignment, engage in constructive conflict, recover from breakdowns, work together and hold one other accountable.

As an accomplished business executive with over 20 years of experience including C-level leadership position, Jane has been widely recognized for her ability to lead change, develop new products and improve work processes. Attributing success to her ability to form and lead strong teams, Jane brings her clients first-hand experience and indispensable guidance on getting people to work – and thrive together.

Jane's clients include top executives, senior leaders and high-potentials in financial services, health care, non-profit, pharmaceutical, consumer products and technology organizations. She has coached CEOs to strengthen relationships with the Board of Directors and senior staff; supported newly promoted top executives to increase influence and impact; coached executives to build effective partnerships in co-leadership situations; helped a top team of a major government contractor to pull together and focus on key results.

Also bringing expertise in developing individual and group emotional intelligence, Jane is a Certified Coach and Instructor for *A Different Kind of Smart*© - *Applying Emotional Intelligence at Work*.

Jane earned a Masters Degree in Human Resources Management from Saint Francis University and a Bachelors Degree in Business Administration from Clarion University. Jane is a member of the International Coach Federation and the Pittsburgh Coaches Association. She serves as Adjunct Faculty at Duquesne University in the College of Business and as an Executive Coach at Carnegie Mellon University's Leadership and Negotiation Academy for Women.

Areas of Expertise:

- Leadership effectiveness; relationship building; productive conflict; change management
- Team development
- Professional impact; political savvy
- Emotional Intelligence
- Discipleship coaching

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